

Cultural Humility: Crucial Reflections

DATE & TIME:

November 10, 2021

9:00am to 12:30pm

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE:

Web Broadcast – MS TEAMS

Registrants are required to join through a provided MS TEAMS link or access the web version of MS TEAMS. Participants must have reliable internet access and audio/visual capability to participate in this training.

This training will increase participants' knowledge of privilege, bias, and microaggressions, and how these impact the work of mental health service providers and their interactions between children, families, and systems of care. Discussion will address: recognizing and understanding how one's beliefs and attitudes affect the assessment of the child and family's experience; identifying strategies to reduce the impact on service delivery; and recognizing how to incorporate cultural humility to ensure successful treatment outcomes. Other opportunities afford participants to explore their thoughts and beliefs around privilege, bias, and microaggressions as it relates to their work with children and families to mitigate further traumatization. Ultimately, understanding one's biases and its implications on children and families within systems of care is integral to providing trauma-informed care to ensure the safety, permanency, and wellbeing of children and youth.

TARGET AUDIENCE: DMH staff and mental health contracted providers rendering services to children/youth in the child welfare system.

OBJECTIVES:

As a result of attending this training, participants should be able to:

- 1) Differentiate between the terms privilege, bias, and microaggressions.
- 2) Describe the impact of privilege, bias, and microaggressions on child and family mental health.
- 3) Identify at least two strategies to reduce the impact that privilege, bias, and microaggressions have on mental health service delivery.
- 4) Describe how cultural humility can be used to ensure successful engagement with children and families.

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COORDINATED BY: Elizabeth Ceja, LCSW

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DEADLINE: November 10, 2021 or when maximum capacity is reached.

CONTINUING 3.5 hours for BBS, BRN, CCAPP-EI

EDUCATION: CE for Psychologist

COST: NONE

DMH Employees and contract provider staff register at:

<https://eventshub.dmh.lacounty.gov/>